**What is Equine Assisted Therapy?**

Equine Assisted Psychotherapy (EAP) is used to treat anxiety, addiction, trauma & PTSD, grief, depression and more. EAP precipitates self-awareness. Being in a natural environment promotes relaxation. Horses are champions at disarming the guarded and engaging the withdrawn.

Participants learn to identify and cope with emotions, communicate better, build trust, overcome fear, set boundaries and more.

And, sessions with horses are fun! No experience with horses is necessary!

During an EAP session, participants will be asked to engage in specific activities with one or more horses under the direction of a Certified Equine Specialist and a Licensed Mental Health Professional, both trained in Equine Assisted Techniques.

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**What services does Tranquility Ranch Offer?**

- **Individual and Group Therapy Sessions**
- **Corporate Team Building and Leadership Training**

We will customize a program for your organization!

- **Adults, Youth, Families, Couples**
- **First Responders and Veterans**

We have a special program for First Responders and offer a Law Enforcement discount.

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**We look forward to helping you!**

Laura Higgins,
Certified Equine Specialist
Francine Greenstein, Partner/MFT

**Phone:** 702-768-2326
**Email:** Eaplv18@gmail.com
**Location:** Las Vegas, Nevada (south side of town)

For more information and pricing please visit our website: horsetherapylv.com

“Wherever man has left his footprint in the long ascent from barbarism to civilization, we will find the hoofprint of the horse beside it.” - John Moore